

telos leadership ventures: Grand Canyon National Park for Leaders in Healthcare



Introduction

Learning for high functioning adults is best done in 'liminal' spaces...outside of normal surroundings. Immersion in a new and somewhat unfamiliar environment predisposes you to think differently, to examine yourself, your business strategy and key relationships from a perspective too often unattainable while staring at the same four walls of your office. Exploring these concepts while also exploring the edges of your capabilities radically enhances the 'stickiness' of your learning.

telos leadership ventures are designed specifically to that task: year-long development experiences centered around professionally guided, physically ambitious personal/professional development journeys through awe-inspiring locations around the world.

A telos leadership venture is a year-long development experience involving 120 hours of interaction over 18 months:

- personal reflection time to consider self-selected areas of focus as well as topics proposed by your leadership guides
- assessment to help understand your default behaviors as well as how key stakeholders rate your leadership effectiveness
- one-on-one leadership coaching to identify your personal and professional objectives and successfully transfer your new awareness, insights, key learnings and habits into your daily activities
- concierge support team to anticipate your needs, answer questions and provide support throughout the experience

Grand Canyon National Park

Engagement Calendar

- May:** Coach introduction call
- July:** Coaching Session #1
- Sept:** Coaching session #2
- Oct:** Group coaching #1
- Nov:** Community Building Day
Expedition
Re-Entry Community Day
- Dec:** Re-Entry Call
- Feb:** Coaching Session #3
- Mar:** Group Coaching # 2
- May:** Coaching Session #4
- Aug:** Group Coaching #3
- Nov:** Group Coaching #4

Expedition Logistics

- Type:** Backpacking
- Physical Difficulty:** 4 (strenuous)
- Length:** 6 days (4 days on the trail and 2 days of professional development in Flagstaff)
- Hiking Mileage:** 25+ miles

your telos leadership venture is delivered in partnership with Wildland Trekking, Trip Advisor's #1 rated hiking and backpacking company

Overview

This deservedly popular, point-to-point hike takes us through a breathtaking exploration of the landscape, as we explore our leadership & life goals. We begin off the South Rim, descend the Bright Angel Trail, then head across the Tonto Plateau, & up the historic Hermit Trail. It allows fantastic views, historic ruins, a canyon narrow section, & time at both Hermit & Granite Rapids. In addition to clear night skies & multiple opportunities for insight & reflection, this route offers tremendous natural & cultural diversity that must be seen.



Day 1

Little America

A day of community building designed to further enter liminality. At the end of the day, we will be introduced to our guides who will lead us through the Canyon.

Day 2

Shuttle to South Rim: 1.5-hour drive from Flagstaff

Mileage: 5 miles

Elevation Loss: 3,060 feet

Our trek begins with a 4.9-mile downhill hike on the Bright Angel Trail to Indian Garden, a Havasupai spring site that watered seasonal garden plots for centuries. We'll relax in the shade of the Cottonwood trees, dip our feet in the ice-cold spring water of Garden Creek, & enjoy lunch. If time & conditions allow, we'll add a side hike to Plateau Point, before returning to Indian Garden to camp for the evening.

Day 3

Mileage: 12.6 miles

Elevation Loss: 800 feet

We'll get an early start & begin our westward trek along the Tonto Plateau to Monument Creek. This is a long hike, but most of the route is on a well-groomed, relatively flat trail. Our hike takes us around the head of two large drainages: Salt & Horn Creek, & offers an abundance of classic, expansive views of the Grand Canyon, inner gorge, & Colorado River. Our destination for the night is Granite Rapids on the beach of the Colorado River.

Day 4

Mileage: 4.7 miles

Elevation Gain/Loss: 1,200 feet

We'll hike west past the fascinating Hermit Resort ruins to our camp on Hermit Creek. We'll set up camp & have lunch, then hike approximately 1.5 miles one-way to Hermit Rapids, where we'll take a few hours to explore this breathtaking section of the Colorado River. We'll return to camp & enjoy a tasty dinner beneath one of the clearest night skies you've ever seen before turning in for the night.

Day 5

Mileage: 8 miles

Elevation Gain: 3,400 feet

Shuttle to Flagstaff: 1.5-hour drive from the South Rim

The first mile of hiking takes us back past the Hermit Resort ruins on the Tonto Trail to the junction with the Hermit Trail. We'll switchback through the immense Redwall, then contour a series of shelves high above the Hermit Creek. This section of hiking features increasingly stunning views of the Grand Canyon behind us. Once we reach the South Rim, we'll shuttle back to the South Rim Village where our shuttle awaits us.

Day 6

Little America

As our time together draws to a close, we spend one additional half-day sharing what we have learned, preparing for a return to our everyday lives as a changed person and strategizing ways to support new habits.

Trip itinerary note: all trips are subject to itinerary changes based on a variety of circumstances, including, but not limited to permit availability, extreme weather, and forest fires. The price and duration of a trip will never change once you have registered.



Payment Policy

Reserve your spot
A payment of \$750 is necessary
to confirm your spot by
March 1, 2019

Balance
Your balance is due by
May 1, 2019

Remittance
Please make all checks payable
to:
telos
9905 Auburn Rd.
Chardon, OH 44024

Total Investment:
\$14,350 per person

Investment Includes: coaching sessions; on-line leadership assessment and individual report; pre-venture exercises and activities to create purpose; community building activities throughout the experience; personal and professional development tools, content, and resources throughout the experience. Hotel accommodations, park entrance fees, permits, essential hiking/camping gear, meals, professional guides and tip for guides are included.

Cancellation and Transfer Policy

the telos institute reserves the right to cancel any venture because of inadequate registration or other causes that make it infeasible for the scheduling of the venture. If this is the case, we will inform you and a full refund will be offered including the deposit. Neither the telos institute nor The Wildland Trekking Company are responsible for additional expenses incurred by preparing for the trip (for example: non-refundable advance purchase air tickets, clothing, equipment, visa fees, medical expenses, etc.). If you cancel or leave a venture for any reason:

- Prior to Kick-Off a full refund is offered
- Cancellations or transfers occurring after Kick-Off are handled on a case-by-case basis.

Trip Insurance

For your protection, we strongly recommend the purchase of travel insurance. It will protect you against financial loss in the event of trip cancellation or interruption, medical expenses, travel delay, emergency evacuation or other circumstances. Medical coverage secured with your policy will also satisfy our requirement for health insurance.

With our International Ventures we require individuals to purchase trip insurance that covers at least \$200K of evacuation and repatriation insurance. Insurance must also cover personal injury and emergency medical expenses.

