

## telos leadership ventures: Torres del Paine National Park, Chile



### Introduction

Learning for high functioning adults is best done in liminality™ ...outside of normal surroundings. Immersion in a new and somewhat unfamiliar environment predisposes you to think differently, to examine yourself and key relationships from a perspective too often unattainable in day-to-day routine. Exploring these concepts while also testing the edges of your capabilities radically enhances the 'stickiness' of your learning. telos leadership ventures are designed specifically to that task: year-long development experiences centered around professionally guided, physically ambitious personal/professional development journeys through awe-inspiring locations around the world.

A telos leadership venture is a year-long development experience involving 120 hours of interaction over 18 months:

- personal reflection time to consider self-selected areas of focus as well as topics proposed by your leadership guides
- assessment to help understand your default behaviors as well as how key stakeholders rate your leadership effectiveness
- one-on-one leadership coaching to identify your personal and professional objectives and successfully transfer your new awareness, insights, key learnings and habits into your daily activities
- concierge support team to anticipate your needs, answer questions and provide support throughout the experience

### Engagement Calendar

- April:** Coach introduction call
- June:** Coaching Session #1
- Aug:** Coaching session #2
- Sept:** Group coaching #1
- Oct:** Community Building Day  
Expedition  
Re-Entry Community Day
- Nov:** Re-Entry Call
- Jan:** Coaching Session #3
- Mar:** Group Coaching # 2
- May:** Coaching Session #4
- July:** Group Coaching #3
- Oct:** Group Coaching #4

### Expedition Logistics

**Type:** Hut to Hut Camping

**Difficulty:** 3 (moderate – due to hiking elevation and distance per day)

#### Meeting Time & Place:

You will need to arrive no later than 4pm on the first day of the expedition.

your telos leadership venture is delivered in partnership with Wildland Trekking, Trip Advisor's #1 rated hiking and backpacking company

## Overview

Torres del Paine National Park is pristine and remote – one of the most stunning wilderness areas in the world. The W Trek is one of the most popular trekking routes in the park, and for good reason! The dramatic granite towers and spires will draw you in, and in you shall go! The W Trek takes you along the shores of stunning glacial lakes encompassing electric blue icebergs. You'll experience sheer rock spires as tall as the sky and the magnificent southern Patagonian ice cap.

### Day 1

Shuttle from airport: 3-hour drive to Torres del Paine National Park

Wildland Trekking will pick you up at the international airport in either Punta Arenas or in Puerto Natales. Once we have everyone & our luggage, we'll begin the drive through the beautiful Patagonian Pampa! Upon arrival, we check in, freshen up & have our orientation meeting to conduct a gear check & get acquainted with our itinerary. After our meeting, we'll head for our first Patagonian dinner! We'll then spend the evening engaged in community building & leadership development activities.

**Important note:** When you enter Chile, you will be issued a document called a PDI (tourism card). Please do NOT throw this away. You will need it to exit the country and nearly every lodge we stay in also asks for a copy.

### Day 2

Mileage: 11 miles  
Elevation Loss: 2,690 feet

After an early breakfast, we'll brief you on effective trekking techniques as well as an overview of the natural & cultural history of the area. We begin trekking up the Ascencio Valley and have views of the Ascencio River. We come to Refugio Chileno & have a break for water & snacks. We continue through a beautiful forest of native Lenga (Beech) trees and then keep hiking until we reach a glacial moraine. From the moraine, we trek one more hour until we reach the most amazing view of the Torres del Paine rock towers! The views of the granite towers & glacial lake are breathtaking. We then head back to Refugio Nash for dinner and the night's accommodations & we will review plans for the next day.

### Day 3

Mileage: 6.8 miles  
Elevation: 1,377 feet

After breakfast, we begin our trek along Lake Nordenskjold. Here are great views of the hanging glaciers on Mount Almirante Nieto. We will have lunch & continue to trek until we reach the Refugio Los Cuernos. Upon arrival we'll freshen up & have free time until dinner is served. Our guides will provide the plan for the next day.



### Day 4

Mileage: 6.8 miles  
Elevation: 2,952 feet

Our trek to the French Valley begins. It is one of the most picturesque valleys in Torres del Paine National Park. It is unique because of the hanging glaciers, amazing granite walls & spires. People often witness the glaciers calving (dropping giant icebergs) & hear this natural symphony in the granite amphitheater. We'll get closer to the granite spires & glacial lake. On the return journey we'll see the turquoise color of glacial Lake Pehoe, the "Hidden Lake" in the Tehuelche Indian language. We continue until we reach Lodge Paine Grande where we have incredible views of the Paine Grande & Los Cuernos.

### Day 5

Mileage: 7 miles  
Elevation: 1,640 feet

We have breakfast & depart for our trek along Grey Lake. Around Grey Lake we have views of electric blue icebergs & the magnificent Grey Glacier. We hike to the northeast coast where we'll introduce you to kayaking equipment & safety for our paddle through the floating icebergs of Grey Lake where we'll get an amazing view of the river of ice. After our kayak adventure, we hike to the Grey Lodge where we stay for the night.





## Overview (cont)

### Day 7

#### Grey Lodge

As our time together draws near, we spend one additional day sharing what we have learned, preparing for a return to our everyday lives with a new perspective and strategizing ways to support new habits and behaviors.

### Day 8

Shuttle to Airport: 45 min – 60 min

After breakfast, our shuttle driver will come to our hotel and deliver you back to the Punta Arenas airport. If you are remaining in Punta Arenas, please let us know. We can help you arrange extra activities in Patagonia

***Trip itinerary note:*** all trips are subject to itinerary changes based on a variety of circumstances, including, but not limited to permit availability, extreme weather such as flooding or fires. The price and duration of a trip will never change once you are registered. Payments are not refundable based on itinerary changes, only on cancellations.

### Day 6

Mileage: 10-11 miles  
Elevation Loss: 1,000 feet

After breakfast, our guides will brief us on today's route & extra gear needed. We'll take a zodiac boat for 15 minutes across the lake until we reach the west side of Grey Glacier. Upon arrival at Grey Glacier, we will disembark on the land in-between the Ice (nunatak) & walk on it until we reach the Ice. Our guides will brief the group on safety aspects & teach the group the proper techniques & correct use of equipment. After the brief, we will begin our exploration of Grey Glacier which lasts approximately 3 hours. We will be able to observe crevasses, rivers, lagoons & tunnels in different shades of blue. We then return to the zodiac boat & ride back to the docking point where we will have lunch. After lunch, we board a larger more comfortable boat to peruse the perimeter of Grey Lake where we'll get up close with the icebergs. We then head to Grey Lodge, pack our gear & depart for Puerto Natales. Upon arrival in Puerto Natales, we check into our lodge & will later go to dinner. This is our last dinner together & we'll make it a good one!



## Payment Policy

### Reserve your spot

A payment of \$1500 is necessary to confirm your spot by **March 15, 2019.**

### Balance

Your balance is due by **September 1, 2019.**

### Remittance

Please make all checks payable to:

#### telos

9905 Auburn Rd.  
Chardon, OH 44024

### Total Investment:

**\$22,250 per person**

**Investment Includes:** coaching sessions; on-line leadership assessment and individual report; pre-venture exercises and activities to create purpose; community building activities throughout the experience; personal and professional development tools, content, and resources throughout the experience.

Transportation from Punta Arenas / Puerta Natales airport, hotel accommodations for two nights, park entrance fees, permits, essential trip gear, meals, professional guide, and tip for guide and transportation to Punta Arenas airport for your return flight.

## Cancellation and Transfer Policy

the telos institute reserves the right to cancel any venture because of inadequate registration or other causes that make it infeasible for the scheduling of the venture. If this is the case, we will inform you and a full refund will be offered including the deposit. Neither the telos institute nor The Wildland Trekking Company are responsible for additional expenses incurred by preparing for the trip (for example: non-refundable advance purchase air tickets, clothing, equipment, visa fees, medical expenses, etc.). If you cancel or leave a venture for any reason:

- Prior to Kick-Off a full refund is offered
- Cancellations or transfers occurring after Kick-Off are handled on a case-by-case basis.

## Trip Insurance

For your protection, we strongly recommend the purchase of travel insurance. It will protect you against financial loss in the event of trip cancellation or interruption, medical expenses, travel delay, emergency evacuation or other circumstances. Medical coverage secured with your policy will also satisfy our requirement for health insurance.

With our International Ventures we require individuals to purchase trip insurance that covers at least \$200K of evacuation and repatriation insurance. Insurance must also cover personal injury and emergency medical expenses.

