

The Illusion of You 2021

Liminal Intensive Experience

It's time to disrupt old patterns, attitudes, beliefs, and perceptions that are no longer serving you. It's time to reconnect with your passion for your work and for your life.



This 12-week transformative experience culminates with a 3-day immersion at the magical Pebble Ledge Ranch. In this natural setting, your surroundings will become your mentor as you reconnect with your authentic self. Our expert facilitators will guide you through a custom program every step of the way.

Horse Partnering • Silent Meditation • Energetic Movement • Powerful Breathwork • Transformative Rituals

Why a liminal Intensive?

It's impossible to get different results doing the same things over and over. Sometimes, to achieve breakthrough results, something needs to be broken. With a liminal intensive, what gets broken is the limitations of your current paradigm. Only then can you move into a new, reimagined future.

Transformative results, wrapped in an uncommon experience. Liminal intensives use the power of disruption to open the door to new possibilities and new realities.

Our 4-Phase Approach to Liminality

Preparation:

We begin to prepare the mind, body, and spirit for the change that is to come. This provides a solid foundation upon which to build.

Catalyst:

We enter into a period of immersive disruption. This allows us to step away from our old ways and to invite new possibilities into our life.

Integration:

We begin to make sense of our new reality and we begin to explore our new identity. This is a time for practicing and developing our new muscles.

Sustainability:

We finally get to celebrate! This is a time to enjoy the fruits of our labor and to realize the benefits of the hard work that we've done. It's also a time to start looking forward to the next opportunity!

What Happens in a Liminal Intensive?

The month leading up to the catalyst phase you are provided with supporting materials to begin establishing new habits and reflecting and connecting with what is enduring for you. The guided exercises provided are designed to prepare you fully for your catalyst experience. In the 3 day in person immersion at the beautiful Pebble Ledge Ranch you will experience a deep exploration of your identity by discovering a more primal version of self. You will spend time in nature around campfires and with horses throughout the day as well as experience periods of silence, meditation, breathwork, movement, ceremony, camping and more. Make sure you bring something warm to put on at night. A full packing list will be provided once self evaluation forms are accepted.

What are the Dates & Time Commitments for the Program?

Preparation Phase:

Kicks off July 29th 2021; requires 1-2 hours per week of self practice and reflection.

In Person Immersion:

Kicks off afternoon of August 26th - 29th, 2021 (Thursday - Sunday afternoon commitment)

Integration/Sustainability Phase:

Concludes October 21st, 2021 requires 1-2 hours per week of integration work with a follow up virtual group cohort session.

How Do I Know?

- You are a successful leader in your company, but on some level you're feeling somewhat lost, stuck, or stagnant.
- You've had forms of coaching in the past but you find yourself slipping back into old patterns.
- You love your work but know there is another level of leadership you aren't tapping into. You want to reconnect with your passion and driving energy.
- You sense that you are at a threshold moment in your life.
- You have the desire to break through your limits, experience true transformation and you're willing to get uncomfortable to make that happen



Bishop Reid

Bishop has spent the last several years guiding transformational experiences with groups all over the world. Bishop incorporates different somatic practices such as breathwork and embodiment techniques to get to the root of unhelpful behaviors, access greater levels of energy, and adopt habits to help individuals live life at full capacity.



Mike Herzog

Mike is a certified master-coach with more than 25 years of experience helping individuals and organizations create transformative change. His approach is a foundation of scientific rigor mixed with a bit of crazy wisdom. When he's not working, Mike is an author, motivational speaker, and avid martial artist.

Investment Specifics

- \$4,750 for the full 12 week pilot experience (payment plans available upon request)
- Estimated full, non-pilot pricing is as follows:
 - Custom experiences range from \$12,000-15,000 per participant.
 - Open enrollment experiences are \$7,500-\$10,000 per participant beyond this pilot.

What is My Next Step?

Please take a few minutes to fill out this short self-evaluation form below to ensure this program is a fit and a telos certified consultant will be in touch with you.

Apply now by filling out and returning the short self evaluation form found here:

<https://bit.ly/3gWMWZO>

Learn more about this breakthrough opportunity at an interactive session on July 14th.
Please register here:

<http://thetelosinstitute.com/leadership-ventures/liminal-intensive-session/>

Enrollment for illusion of you closes July 30th, 2021.



telos.